

God's Plan for Happiness
Message 5: Freedom to Forgive

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Matthew 5:7

Blessed are the merciful, for they will be shown mercy.

Key Truth: Mercy is not giving what is deserved!

Unforgiveness Produces Unhappiness

1. Constantly _____ the hurt makes the damage greater.
2. The size of the hurt doesn't matter as much as our _____.
3. Unforgiveness leads to _____.



Forgiveness Produces Happiness

Matthew 6:12 *Forgive us our debts, as we also have forgiven our debtors.*

Mark 11:25 *And when you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins.*

Colossians 3:13 *Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.*

Luke 23:34 *Jesus said, "Father, forgive them, for they do not know what they are doing." And they divided up his clothes by casting lots.*

Keys to Extending Forgiveness:

1. _____ of our own Forgiveness.

Matthew 18:28-35

2. _____ on the Holy Spirit.

