

# Prayer: The Foundation of the Christ Life

## Message 1: The Me Prayer

*Pastor Stewart McWilliams*  
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*“True, whole prayer is nothing but love.” – St. Augustine*

### The Me Prayer Is About:

#### 1. My Pain

##### **Matthew 27:46**

*“My God, my God, why have you forsaken me?” (NIV)*

##### **Psalm 42:9**

*I say to God my Rock, “Why have you forgotten me?” (NIV)*

A. I am \_\_\_\_\_

B. I am \_\_\_\_\_

#### 2. My Thoughts and Actions

A. \_\_\_\_\_ Me

##### **Psalm 139:1-2**

*O Lord, you have searched me and you know me. <sup>2</sup>You know when I sit and when I rise; you perceive my thoughts from afar. (NIV)*



B. \_\_\_\_\_ Me

##### **Psalm 51:10**

*Create in me a pure heart, O God, and renew a steadfast spirit within me. (NIV)*

#### 3. My Faith

A. I give up

##### **Philippians 4:6-7**

*<sup>6</sup>Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (NIV)*

B. I sign up

##### **Luke 1:38**

*“I am the Lord’s servant,” Mary answered. “May it be to me as you have said.”... (NIV)*

##### **Luke 22:41-42**

*<sup>41</sup>He withdrew about a stone’s throw beyond them, knelt down and prayed, <sup>42</sup>“Father, if you are willing, take this cup from me; yet not my will, but yours be done.” (NIV)*

