

Avoiding Spiritual Breakdown

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Key Factors in Spiritual Breakdown

Key # 1 - Comparison vs. Evaluation
Galatians 6:3-5

Key Truth - Evaluation begins with the fruit of the Spirit
not with religious traditions.
Galatians 5:19-23

Key #2 - Rationalization vs. Realization
Proverbs 5:21; 14:12; 16:2; 16:25; 21:2
1 Samuel 16:7

Key #3 - Isolation vs. Participation
Ephesians 5:25
Hebrews 10:23-25

Key #4 - Regret vs. Repentance
I John 1:8-9

Key #5 - Bitterness vs. Betterness



*All scripture is from the NIV unless otherwise noted.

